

St. Paul BJJ Academy - Schedule

	Monday (Nogi)	Tuesday (Nogi)	Wednesday (Gi)	Thursday (Gi)	Friday (Nogi)	Saturday (Nogi)	Sunday
6am	x	Adult BJJ 6:00 - 7:00am	x	Adult BJJ 6:00 - 7:00am	x	x	x
7am	x	Open Mat 7:00am	x	Open Mat 7:00am	x	x	x
8-9am	x	x	x	x	x	x	x
9am	x	x	x	x	x	Kids BJJ 9:00 - 9:45am	x
10am	Adult BJJ 10:00 - 11:00am	Adult BJJ 10:00 - 11:00am	Adult BJJ 10:00 - 11:00am	Adult BJJ 10:00 - 11:00am	Adult BJJ 10:00 - 11:00am	Adult BJJ 10:00 - 11:00am	x
11am	Open Mat 11:00am	Open Mat 11:00am	Open Mat 11:00am	Open Mat 11:00am	Open Mat 11:00am	Open Mat 11:00am	Open Mat 11:00am
12-5pm	x	x	x	x	x	x	x
5pm	Kids BJJ 5:00 - 5:45pm	Kids BJJ 5:00 - 5:45pm	Kids BJJ 5:00 - 5:45pm	Kids BJJ 5:00 - 5:45pm	x	x	x
6pm	Adult BJJ 6:00 - 7:00pm	Adult BJJ 6:00 - 7:00pm	Adult BJJ 6:00 - 7:00pm	Adult BJJ 6:00 - 7:00pm	Open Mat 5:30pm	x	x
7pm	Open Mat 7:00pm	Open Mat 7:00pm	Open Mat 7:00pm	Open Mat 7:00pm	x	x	x